



**USA Archery 2023 USAT Series #1**

**April 14-16, 2023**

**Ben Avery Shooting Facility**



# Welcome to the 2023 AAE Arizona Cup



Welcome to Phoenix and the 2023 AAE Arizona Cup! We have seen unprecedented registrations this year and are incredibly grateful to all of you for your continued support. Your participation is what allows us to do what we love! We're excited to have you join us for the first USAT of 2023, and from our staff, volunteers, and me, we say WELCOME!

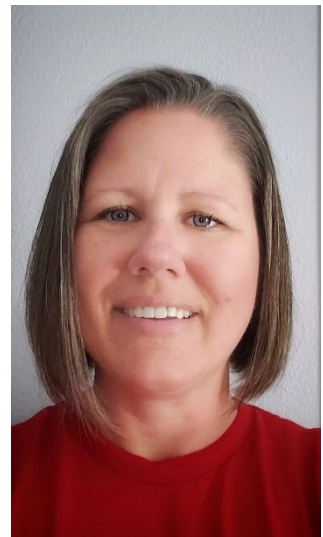
We hope your stay in Arizona is enjoyable, and you'll spend some time visiting the vendors and the food trucks when you're not at the shooting line. Please stay hydrated, watch for moving sticks, and prepare yourself because it will be sunny and windy.

Bud Lord  
Tournament Director

I always get excited for the beginning of the outdoor season and all the preparation involved in making the Arizona Cup come to fruition! USA Archery AZ is grateful for the opportunity to host this annual tournament; this year is no exception. We were able to accommodate more archers due to higher demand and are fortunate to be the host of the WAYC Trials. We have strived to bring you an excellent tournament this year and always do our best to meet your needs and desires of an archery tournament inside the venue's confines, the needs of the governing body, and our volunteer's time.

We thank you for coming from all over the country to be here for the tournament. Please read the program; many of your questions will be answered inside. If you still have questions, please email [AZCupInformation@gmail.com](mailto:AZCupInformation@gmail.com).

Happy Shooting!  
Kristy Wapniarski  
Tournament Chair & President, USA Archery AZ




The background of the entire advertisement is a photograph of a sunset. Two archers are silhouetted against the bright orange and yellow sky. They are both wearing hard hats and are in the process of drawing their bows. The sun is low on the horizon, creating a strong backlight effect.

**INTEGRITY  
EXCELLENCE  
INNOVATION**

***ARIZONA ARCHERY ENTERPRISES***

2781 N. Valley View Drive ~ Prescott Valley, AZ 86314 ~ 928-772-9887  
[www.arizonaarchery.com](http://www.arizonaarchery.com)

# Important Information for the AAE Arizona Cup

- Scoring will be online using [www.betweenends.com](http://www.betweenends.com) 
- Each day (Tues-Sun) you come to the range, **DO NOT** check in following the blue sign pointing to the Clay Target Range. Continue through the Stop Sign and come straight to the range.
- Facebook Link - <https://www.facebook.com/AAEArizonaCup/>
- USA Archery will be posting photos on SmugMug - <https://usaarchery.smugmug.com/>
- Please use recognized parking spaces only. Those that park illegally may get towed at their own expense.
- USA Archery Dress Code will be enforced for Wednesday, Friday, Saturday & Sunday.
- You can buy Thursday Practice and Raffle Tickets via cash or card at the venue. Raffle tickets are available until noon on Saturday, 4/15/23.
- DRINK WATER. Our desert dryness will sneak up on you. Water is free for archers at the water stations. Please ensure you dispose of empty bottles each time you get a new one. Concession stands and food trucks are available for all attendees.
- The desert is beautiful this time of year. Please do not try to approach animals and take any pictures from a safe distance. STAY OUT of the wildflowers as they are home to rattlesnakes.
- The desert is also home to some dangerous insects, arachnids, and reptiles. They are fascinating to watch. Please do so at a safe distance. Some of them can be life-threatening. Do not go looking for lost arrows outside of the range area. If you see a snake, spider, centipede, etc., don't judge for yourself if it is harmless. Let our staff know; they will take care of it if needed.

- All Compound and Fixed Pins Divisions shoot 50 Meters on 6 Ring 80cm target face.
  - All Barebow Divisions Shoot 50 Meters on 122cm target face.
  - Recurve Senior and Junior Shoot 70 Meters on 122cm target face.
  - Recurve Cadet and Master Shoot 60 Meters on 122cm target face.
  - VI 1 & 2/3 Shoot 30 Meters on a 10 Ring 80cm target face.
  - W1 Shoot 50 Meters on a 10 Ring 80cm target face.
  - Make a new friend while you are here. Archers are awesome people.
  - 45 different states will be represented along with archers from Canada, Mexico, Netherlands, United Kingdom, Spain, and Czech Republic.
- 



Northwest Designs will provide Arizona Cup merchandise on-site again this year! Make sure to get your gear!

# AAE Arizona Cup Shooting Schedule

## Thursday, April 13

- Unofficial Practice 10:00 AM-4:00 PM \$15 per archer  
Equipment inspection and check-in will be available.

## Friday, April 14

- **7:00 AM - Equipment Inspection**
- **8:00 AM – Qualification on Main Field ONLY**  
Senior and 50+ Recurve Divisions with 3 ends of practice
- **12:30 PM - Equipment Inspection**
- **1:30 PM - Qualification on Main Field ONLY**  
Senior and 50+ Compound & Barebow Divisions with 3 ends of practice
- **10:00 AM - 5:30 PM - Open Practice**  
U18 & U21 Divisions ONLY on the east field  
Equipment inspection & check-in will be available

## Saturday, April 15

- **8:00 AM – Eliminations** (through medal matches)  
Senior & 50+ Divisions with 2 ends of practice on both fields  
All categories will begin at 8AM except Barebow Men on the East Field. They begin after 1<sup>st</sup> match round is completed.
- **12:30 PM – Equipment Inspection**
- **1:30 PM – Qualifications**  
U21 and U18 Divisions with 3 ends of practice on both fields

## Sunday, April 16

- **8:00AM – Eliminations**  
U21 and U18 Divisions with 2 ends of practice\*.  
\*Through gold medal matches except for U21 Compound and Recurve
- **2:00-3:00 PM- LIVE Gold Medal Matches** (at finals venue)  
U21 Recurve Men & Women, U21 Compound Men & Women – Final order TBA





# ***TRUSTED BRANDS***

# ***TRUSTED ADVICE***

***IN THE HEAT OF COMPETITION, ACCEPT NOTHING LESS***

**WWW.LANCASTERARCHERY.COM**



# AAE Arizona Cup Records

(Current USAT Format)

## Women's Recurve

- U18 – Samantha Ensign 652 2022
- U21 - Alexandria Zuleta Visser 625 2018
- Senior - Casey Kaufhold 674 2022
- 50+ - Laura Bennett Shelton 629 2018

## Men's Recurve

- U18 - Joonsuh Oh 678 2019
- U21 - Sean McLaughlin 644 2012
- Senior - Brady Ellison 690 2021
- 50+ - Gary Yamaguchi 655 2019

## Women's Compound

- U18 – Liko Arreola 694 2022
- U21 - Allie Blazer 682 2015
- Senior – Ella Gibson 711 2022
- 50+ - Deanna Cronin 683 2022

## Men's Compound

- U18 - Austin Taylor 705 2017
- U21 – Bodie Turner 703 2022
- Senior - Kris Schaff 712 2017, Sawyer Sullivan 712 2022
- 50+ - Timothy Gillingham 702 2021

## Women's Barebow

- U18 – Erin Heyob 551 2022
- U21 – Anastacia Godman 518 2022
- Senior – Christina Lyons 601 2022
- 50+ - Sabrina Harrigan 553 2022

## Men's Barebow

- U18 – Bryce Henak 501 2022
- U21 – Jack Calo 275 2022
- Senior - Christopher Garcia 634 2022
- 50+ - David Nesbitt 579 2022

## Men's Fixed Pins

- U21 – Clay Dempsey 663 2022





# MANTIS

When performance is measured, performance improves.  
The Mantis X8 is a data-driven approach to mastery.



# 2022 AAE Arizona Cup Winners

## **Women's Recurve**

- U18 – Samantha Ensign
- U21 – Michelle Ahn
- Senior – Catalina GNoriega
- 50+ - Nicole Rasor

## **Men's Recurve**

- U18 – Zachary Maracine
- U21 – Nathaniel Aud
- Senior - Brady Ellison
- 50+ - Gabriel Querol

## **Women's Compound**

- U18 – Liko Arreola
- U21 – Makenzie Weatherspoon
- Senior - Paige Pearce
- 50+ - Deanna Cronin

## **Men's Compound**

- U18 – Dewey Hathaway
- U21 – Isaac Sullivan
- Senior – James Lutz
- 50+ - Tim Gillingham

## **Women's Barebow**

- U18 – Erin Heyob
- U21 – Anastacia Godman
- Senior – Christina Lyons
- 50+ - Barbara Carroll

## **Men's Barebow**

- U18 – Bryce Henak
- U21 –
- Senior – Christopher Garcia
- 50+ - Ben Rogers

## **Men's Fixed Pins**

- U21 – Clay Dempsey





NEW FOR 2023

T.R.U. BALL®

TRIDENT

FLEX

# FIRST EVER HIGH-END THUMB ACTIVATED TARGET/HUNTING RELEASE THAT AUTOMATICALLY RESETS ITSELF

**TSHS**  
TRI-STAR HOOK SYSTEM

ADDED MAGNET  
AUTOMATICALLY RESETS,  
READY TO SHOOT  
SHOT AFTER SHOT

ALL ALUMINUM HANDLE

ULTRA CRISP  
TRIGGER

NO  
COCKING  
BAR!

ALL INTERNAL MECHANISMS MADE  
OF HARDENED STAINLESS STEEL

HARDENED STAINLESS STEEL TRI-STAR SEAR

BOTH MODELS AVAILABLE IN MEDIUM AND LARGE SIZES

T.R.U. BALL®  
**TRIDENT PRO**

TRIDENT PRO ADDS WEIGHT BY HALF BRASS  
AND HALF ALUMINUM CONSTRUCTION

ADJUSTABLE 3-AXIS KNURLED THUMB TRIGGER

INDEPENDENT TRAVEL AND SENSITIVITY  
ADJUSTMENTS WITH LOCK

**QS** QUICKSILVER FINISH  
CORROSION RESISTANT ELECTROLESS  
BRUSHED NICKEL PLATED BRASS



INDEPENDENT TRAVEL AND  
SENSITIVITY ADJUSTMENTS  
WITH LOCK



PATENTED THE FIRST AND BEST ADJUSTABLE FINGERS!  
**ULTRA-FLEX PERSONALIZED FIT SYSTEM**

ADJUSTABLE 3 FINGER PIECE:  
30° OF RADIAL ROTATION (15° FORWARD AND 15° BACK) IN 1 LOCATION

- 4 FINGER ARTICULATING HANDLE PIECES SOLD SEPARATELY  
ADJUSTABLE 4TH FINGER (SOLD SEPARATELY) PIECE: 30° OF RADIAL  
ROTATION (15° FORWARD AND 15° BACK) IN 2 LOCATIONS



THE **REAL #1**

ANYONE CAN CLAIM IT. WE PROVE IT!

WWW.TRUBALL.COM | 434-929-2800



JESUS CHRIST IS THE ONLY UNLIMITED RESOURCE!

## 2023 USAT Schedule

- AAE Arizona Cup- April 14-16, 2023
- Easton Foundations Gator Cup- May 12-14, 2023
- Easton Foundations SoCal Showdown- June 9-11, 2023
- Rebel Gear Buckeye Classic- July 28-30, 2023

## Outdoor Nationals Schedule

- JOAD Target Nationals Des Moines, IA- July 12-16, 2023
- Target Nationals & U.S. Open Malvern, PA- August 30-September 2, 2023







# OPTIZONE

***Create your zone –***

you are unique and can create your zone for your best performance at any level.  
Learn how, stop by our booth.



**bub**  
BETTER YOUR BEST®

## **Mindset Research Testing**

1 year ago, 17 elite (us rank 19 & down) archers shot 42 arrows, in 6 challenging conditions, from 10m.  
1/2 m 1/2 f, 1/2 NTS, 1/2 linear.

Mindset significantly influenced scores. "Zone" and "will" shots were significantly better than "normal", "help", "save" and "blank" shots.

M/F and NTS/Linear scores were not significantly different

67% of zone shots were from the right side of the brain.  
28% were balanced 75% of will shots were R sided, 15% were balanced.

"The Zone" is actually "Your Zone" and everyone's is unique

The aiming portion of the brain had the lowest activity.

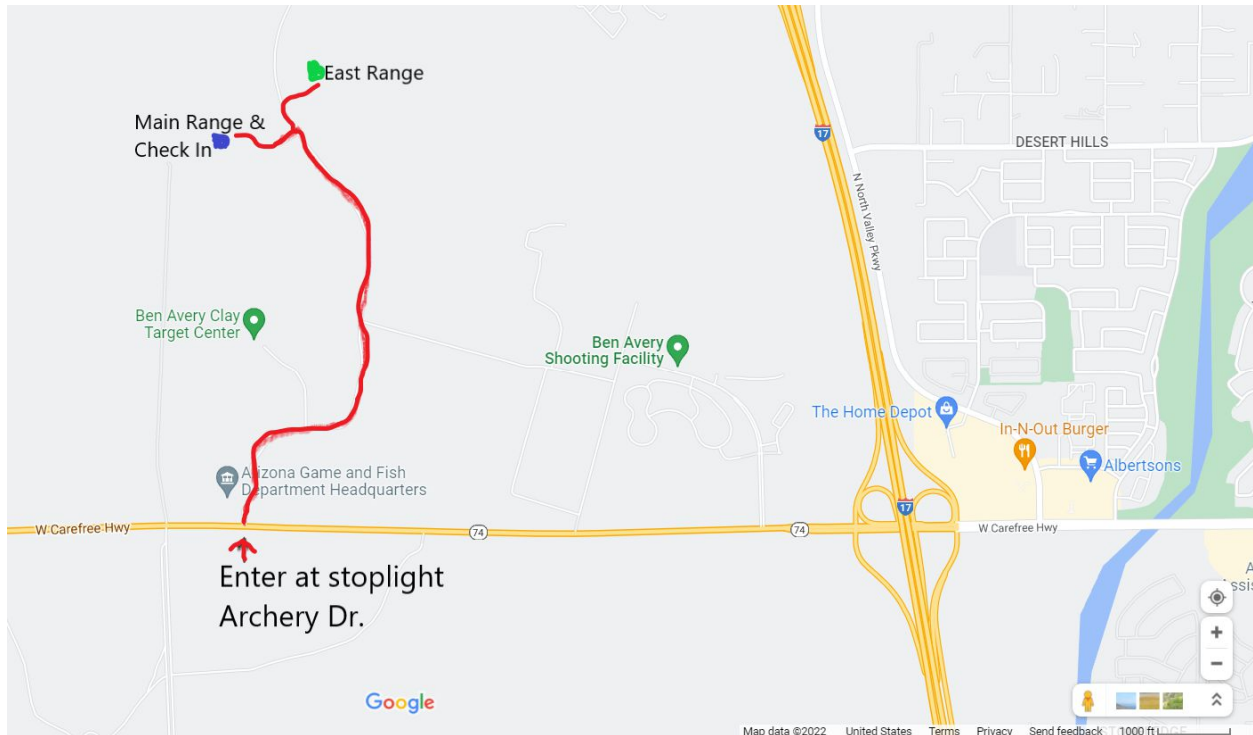
**Archery is not an aiming sport!**

**Better Your Best® program is designed to assess your current level of performance and help you create strategies so you can dial up Better Your Best® performance at will.**





## NAVIGATING TO THE RANGE



**Address to range for your mapping software**  
**37016 N Archery Drive Phoenix, AZ 85086**

- Range is identified by the blue dot in upper left corner.
- Yellow highlight is road to range off State 74 Carefree Hwy.
- Make sure to enter from the Game and Fish Department entrance at the stoplight. (Not the first entrance after exiting the I17.)
- Tramonto Marketplace has numerous food establishments and shopping.
- La Solana off Dove Valley Rd has a Fry's grocery with fresh food.
- Hotels are South of map off Interstate 17. Please see map on next page.
- There is a shotgun event taking place at the Ben Avery Shooting Facility at the same time as the Arizona Cup. Archers will proceed past the signs for the Shotgun event to the archery fields. Please follow the AZ Cup signs.
- Plan your travel accordingly to accommodate additional traffic that may result from the additional event.
- Check <https://www.az511.com/> for updated traffic and road closure information.

# Parking



To access the ranges, you must enter the facility off Carefree Hwy onto Archery Dr. It is the only entrance into the facility with a stoplight. The shaded blue areas are the allowed parking areas. Do not park on Archery Drive or in any unmarked spaces.



# Food Available at the Range

[Desert Sky Archers](#) will be stationed at the water tents with a concession stand to quench your thirst and meet all your snacking needs throughout the event. Water tents will be available on both fields throughout the competition. Make sure to stop by and stay hydrated.

**We are excited to present the Food Truck lineup for this year's AAE Arizona Cup!**

We will have food trucks on-site Wednesday, Friday, Saturday & Sunday from 10:30 AM to 2:00 PM.

More details & complete menu options can be found here

<https://streetfoodfinder.com/AZCup>.

When	Who
Apr 12, 2023 (Wed) 10:30 AM to 02:00 PM	<a href="#">Queso Good</a> Mexican
Apr 14, 2023 (Fri) 10:30 AM to 02:00 PM	<a href="#">Queso Good</a> Mexican <a href="#">Burgers Amore</a> Burgers, American, Comfort Food <a href="#">Bonzai Boyz</a> Asian Fusion, Japanese, Chinese
Apr 15, 2023 (Sat) 10:30 AM to 02:00 PM	<a href="#">Queso Good</a> Mexican <a href="#">Rocco's Cheesesteaks</a> Cheesesteaks <a href="#">RockStar HotDogs</a> Hot Dogs
Apr 16, 2023 (Sun) 10:30 AM to 02:00 PM	<a href="#">Queso Good</a> Mexican <a href="#">RockStar HotDogs</a> Hot Dogs



Saunders Archery



# 2023 AAE Arizona Cup Staff and Officials

- Tournament Director: Bud Lord
- Tournament Chair & Technical Delegate: Kristy Wapniarski
- Chair of Judges (COJ): Jennifer Laux
- Assistant COJ Main Field: Mandy Griego
- Assistant COJ East Field: Bob Pian
- Director of Shooting (DOS) Main Field: Megan Tierney
- Director of Shooting (DOS) East Field: Wendy Whalen
- Judge: Curtis Balusek
- Judge: Sarah Briscoe
- Judge: Jim Flores
- Judge: Ron Mickelberry
- Judge: Scott Booth
- Judge: Wendi Cook
- Announcer Main Field: Diane Tone
- Medical: Kevin Hendrickson
- Registration Team: Macey Wapniarski, Michelle Garza, Natalya Bilyk, and Susan Konves
- Scoring Team Manager: Sheri Rhodes
- Scoring Team: Zoey Wapniarski
- Scoring Team: Mark Garza
- Scoring Team: Nicole Lord
- Field Crew Director: Nick Wapniarski
- Field Crew Manager: Terry LaBeau
- Assistant Field Crew Managers: Arthur Stanley & Tim Liston
- Field Crew: Ken Mazotas, Terry Gerber, Brian Beery
- Volunteers: Kristine Krebs, Nico Baker, Conrad

# 2023 Thank You's

A Very Special Thank You to our longtime partner and title sponsor:

## Arizona Archery Enterprises

Nick Fisher, Kelli Donahue, and the team at AAE are an amazing group. Thank you for everything! <https://arizonaarchery.com/>

## American Whitetail

The best archery bales in the world! <https://www.archerytargets.com/>

## Maple Leaf Press

The first World Archery Official Manufacturer of Archery Target Faces and the only Official United States Producer. <https://www.mapleleafpress.com/>

A huge thank you to the following individuals, families, and clubs from the Arizona Cup Team!

Rick McKinney, Robert Howard & the entire Team at Timber Mesa Archers, Katie & Kristine Krebs, Mikie Kolb, Kaitlin Kreidler, Desert Sky Archers, Anchor Point Archery, Corner Archery, Melody Richards & Goran Dimitrov, Diana and Terry LaBeau, Arvid Veidmark, Stephanie Lord, Sheri Rhodes, the AZ Game & Fish crew, and anyone else that I may have missed. Your assistance with the tournament preparations and setup was greatly appreciated! We couldn't have done it without your support! Thank you!!

